## **DANCE 1A TRIMESTER REVIEW**

## Part 1: Performance evaluation on kick/pom dance (33.3 points)

Will be performed on Wednesday

Kick Technique to practice:

Keeping upper body lifted

Pointing toes

Prepping with your feet together

Pom Technique to practice:

Sharp crisp motion Proper placement

Energy/effort

## Part 2: Skill Test (33.3 points)

Be able to perform the following properly, look on the website for clarification

Chaine

Pirouette

Jete, leap

Battement

Hitch kick

## Part 3: Terminology Identification (33.3 points)

Be able to identify the following terms/positions when performed, look on the website for clarification

Jazz Ballet Kick

Jazz square1-5 positions of the feetStraight KickBall change1, 2, 5 positions of the armsExercise kicks

Chasse demi plie around the world kicks

Pivot turn grand plie
Fan kick pas de chat
Hitch kick Chaine
Cat roll Pirouette

Pencil turn Shimmy

Kick ball change pas de bourre