

## Dance 1-4 Syllabus

Mrs. Kelly Gray  
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Conference Time: 8:15-8:45 (by appointment)

Welcome to the Trinity High School Dance Department. I am looking forward to getting to know and work closely with each of you. Because you are enrolled in dance class, you are part of the dance department at this school. Please understand that this is a privilege, and that several other students wanted to be in your shoes! By signing up for the class you are agreeing to be part of the dance department's events throughout the year. You will receive three mandatory major performances throughout the year (depending on which tri you are in).

Dance I is designed to teach the fundamentals of dance through the exploration of the many dance genres. Students enrolled in dance classes must work hard physically, academically and creatively every day. Choreography and performance will be introduced in all classes and will become increasingly more important throughout the year.

### Course Goals

1. To learn and appreciate dance in its various forms.
2. To establish an appropriate dance terminology.
3. To define a spatial and kinesthetic awareness through movement.
4. To improve overall physical coordination, balance, flexibility and fitness.
5. To use dance to become a more responsible, disciplines and productive student.

### Expectations

- 1.) Be on time to class
- 2.) Be dressed in proper dance attire for participation
- 3.) Follow directions the first time given
- 4.) Gum, food and drinks are **not** allowed in the dance gym
- 5.) Raise your hand to be recognized; demonstrate proper dance etiquette
- 6.) Bring an open mind and heart to class – BE CREATIVE!!!!

**All dance students are required to dress in acceptable dance attire for dance technique and instruction.**

## Class Rules

1. Be on Time: Tardies count everyday  
You must be in the P building in the dance hall by the time the tardy bell rings. You then have 7 minutes to change clothes and lock up your belongings. You must be in your roll call lines 7 minutes past the tardy bell or you will receive a tardy.
2. Be physically prepared  
Each day you will need your required clothes for class. When you get dressed in the locker room you must lock all of your belongs in your locker. You may bring NOTHING with you in the dance room but a water bottle.
3. Be mentally prepared  
Each day you need to come to class focused and ready to work! Dance is a challenging art form and sport. It can get frustrating at times but, if you come to class ready to work and with a good attitude you will enjoy this experience.
4. No excessive jewelry  
You may wear studs in your ears and rings. Necklaces, bracelets and dangly earrings can be dangerous while dancing and are not permitted.
5. No food, gum or drinks other than water!  
You can easily choke on chewing gum while dancing. The dance room is a sour space, and we need to take care of it. Your food and drinks invite bugs and other friends that we do not want!
6. Cell phones are allowed when Mrs. Gray says its ok  
You may use your cell phones in class only when Mrs. Gray give you the "green light". Some activities we do will even require you to use a mobile device. Any phones out when you do not have permission will be taken up and sent to the AP with a referral.
7. Respect your peers  
In the dance department we do not tolerate bullying or mean spirits. If you don't have anything nice to say, don't say anything at all. We are here to encourage and motivate each other.

Consequences for not complying with classroom expectations and participation:

1<sup>st</sup> time: Warning and a ZERO for your daily grade

2<sup>nd</sup> time: Parent phone call and an additional ZERO for your daily grade

3<sup>rd</sup> time: Referral to Assistant Principal, and an additional ZERO for your daily grade.

## Class Etiquette:

1. The start of class
  - a. Each day you need to be dressed and ready in your Roll Call spot 7 minutes after your tardy bell. Be sure that you are fully prepared for class! Use the restroom before you leave the locker room and have your water bottle with you when you come in. If you need any supplies or shoes that day you need to have them with you at roll call. Once class starts you will not be permitted to leave the room unless the office calls you out.
2. During class
  - a. Respect the teacher and your classmates. By talking and carrying on conversations you are being disruptive and in turn disrespectful! Dance class is NOT social hour and you should not be talking when the teacher is.
  - b. Failure to be focused in class could cause you to end up injuring yourself or others. It is expected that you try your hardest and give 110% effort every day.
3. The end of class
  - a. Traditionally in dance classes the students and the teacher applaud each other at the end of each class. The tradition is important because it allows everyone to recognize and celebrate the accomplishments for that day. Every student will clap at the end of each movement class.
  - b. When the teacher dismisses you, you may go into the locker room and get ready for your next class. After you are dressed you are permitted to be either in the locker room or the dance room until the bell rings. Even though we have stopped our lesson for the day, you are still in dance class until the bell.

## Locker Room Etiquette:

1. Keep your space clean!
2. You will be issued a locker and a locker combination
3. Do not leave anything outside your locker
4. Do not leave your food or drinks in the locker room after class
5. If you do not want it stolen, lock it in your locker!
6. Do not make your locker your closet
7. Do not use the restroom stalls to change clothes
8. Watch your language in the locker room, you are still in class. If you wouldn't say it in front of the teacher don't say it in the locker room either.
9. The only time that you are allowed in the locker room is at the beginning and end of your class period. Do not come and ask me to open the locker room during another class period for any reason. If you might need something from the locker room during the day, bring it with you when you leave class.

## Performances

Performances are things that are to be taken seriously. It is time to show the community and your friends and family the hard work that you have put in to your dancing. Performance opportunities are a part of your curriculum and are necessary for the learning experience. **They are mandatory. No exceptions. This year we have a performance set for the evening of Saturday April 21<sup>st</sup>.**

## **Class Attire**

- Tops
  - Must fit in school dress code
    - No bellies out
    - No bra straps
    - No excessive cleavage
  - Must be fitted and not too baggy
- Bottoms
  - Shorts, jazz pants, yoga pants, capris
    - Shorts must cover your entire derrière
  - Sweat pants are no allowed during ballet and jazz units
  - No pajama pants
- Feet
  - You are strongly suggested to purchase jazz shoes, ballet shoes or foot paws, but they are not mandatory.
  - You are only allowed to wear dance shoes for movement class
  - Socks are not allowed

- **Please see the dancewear suggestions sheet**

NO jewelry except studs and rings. NO necklaces, NO bracelets, NO dangly earrings. NO facial piercings.

## **Class Supplies:**

There are so many things that you need in a dance class that you can't even think of! For your benefit we will create a "Tubby" of necessary supplies for the class. Each student will donate a different supply and be able to use these supplies out of the tubby when needed.

2nd – band-aids

3rd – feminine products

4th – Kleenex

## **Grading Policy**

Students will be tested over all information covered in Dance class. The testing will consist of written examinations as well as performance evaluations.

- 60% Participation and Journals
  - You will start with 100 Points per day participation
  - You will lose points for
    - -10 failure to make corrections
    - -10 tardy
    - -10 chewing gum
    - -10 talking during instruction
    - -20 electronic device out at an inappropriate time as deemed by Mrs. Gray
    - -20 failure to wear proper dance attire per item (this includes if you have on socks)
- 40% Performance and Written Examinations
  - Journal entries
  - Data folder upkeep
  - Terminology exams
  - History exam
  - Anatomy, injury, nutrition
  - Performing dance or combination
  - Performing technique exam

Student Information Sheet  
Trinity Dance Department

Name: as it appears in the gradebook: \_\_\_\_\_

Preferred Name (sound it out if necessary): \_\_\_\_\_

Student Cell: \_\_\_\_\_ Birthday: \_\_\_\_\_

Email address: \_\_\_\_\_

Parent/Guardian 1: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Parent/Guardian 2: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am assigned to bring 

2 <sup>nd</sup> – band-aids
3 <sup>rd</sup> – feminine products
4 <sup>th</sup> – Kleenex

 to class by Monday August 31<sup>st</sup>

I have read the class syllabus in its entirety and agree to abide by the rules and regulations set before me. I understand that my grade is based mostly on participation and I agree to give my best efforts each day in class. I understand the possible consequences for not following the guidelines. I also realize that I may have to participate in performances outside of class.

Student Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

This form and class supplies are due by Wednesday August 31<sup>st</sup> and is worth two daily grades.